

Leslie D. May - Biography

Leslie D. May was raised in the Bay Area cities of Berkeley and Oakland, CA. As a lifelong member of the Bay Area, she has amassed knowledge of the needs of the communities and have witnessed the devastation mental illness has on adults and children. She has a master's degree in clinical psychology, a master's degree in public administration, and a master's degree in health care administration. Currently, she works as a mental health therapist with a specialty of trauma recovery and mental health stabilization through various therapy models EMDR in Antioch, CA., where she has resided nine (9) years. She is planning to work toward a doctorate degree in Educational Leadership for Equity and Social Change, She's worked in various genres of the government; enjoyed teaching primary school; has worked as a case manager, advocate, counselor, and clinician; is a presenter/speaker on various topics geared toward people-of-color and their ancestry. She is a past commissioner and Co-chair of the Contra Costa County Mental Health Commission.